



CITYWIDE AQUATICS



YOUTH AND ADAPTIVE YOUTH SPORTS

# LEARN TO STAND UP PADDLE

Program Requirements: Ages 9-17 years

Location: Cabrillo Beach or Hansen Dam

\*No Transportation Provided

Time: 9am - 2pm

Program Price: **\$10**

Only Saturdays

### Session 1

Only Sundays

9/7, 9/14,  
9/21, & 9/28



9/8, 9/15,  
9/22, & 9/29



Only Saturdays

### Session 2

Only Sundays

10/5, 10/12,  
10/19, & 10/26



10/6, 10/13,  
10/20, & 10/27

Only Saturdays

### Session 3

Only Sundays

11/2, 11/9,  
11/16, & 11/23



11/3, 11/10,  
11/17, & 11/24

Only Saturdays

### Session 4

Only Sundays

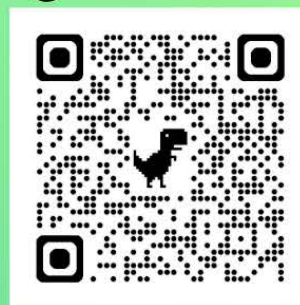
12/7, 12/14,  
12/21, & 12/28



12/8, 12/15,  
12/22, & 12/29

Learn to Stand Up Paddle is a program designed for youth to learn basic SUP skills through expert instruction on balancing, paddling techniques, and navigating various water conditions.

**Register Here!**



Registration is available online only.

Persons with disabilities are welcome to participate in our aquatic programs.

Reasonable accommodations will be made with prior arrangements.

Made possible by the LA28 Olympic and Paralympic Games

